Preventing damages from harmful particles and chemicals in our present time

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Preventing damages holistically:

- Zapping with the original 30 kHz Zapper with copper handles for 30 minutes or more. Impact: Dissolves spike proteins, destroys small parasites, bacteria, viruses and improves cell metabolism.
- **Modern urine therapy bioresonance drops** (persons own urine information in a clean water made with bioresonance device). Take 1-3 drops of bioresonance water 2 times per day mixed with a half a glass of filtered clean water.

 Impact: Cleanses the body from everything that does not belong to the body.

THE MOST IMPORTANT HERBS:

- -" Tea" made of pine and spruce needles (Pinus sylvestris and Picea abies)
 Pick needles from pines and spruces, soak them for 3 minutes in a filtered water with apple wine vinegar or apple cider vinegar (1 dl apple wine vinegar + 5 l water), rinse with clean filtered water. Chop the equal amount of both needles, all together 1 teaspoon, pour boiling water on top, let it cool down a bit and drink.
 Impact: Effective in cleaning spike proteins and also other harmful substances contained in vaccines.
- **Pine bark extract drink** (*Pinus sylvestris*) (Karin havupuu-uutejuoma) Drink 1 dl or more per day. Impact: Cleanses especially polyps, strengthens tissues.
- **Spruce sprout powder** (*Picea abies*) (Arctic Warriors) Take ½ 1 tablespoon 1-2 times per day mixed with a drink or clean natural yoghurt (Valio) Impact: Effective in cleaning spike proteins and also other harmful substances contained in vaccines.
- Pine needle essential oil (Pinus sylvestris) Take internally approx.

 10 drops 1-2 times a day mixed with clean natural yoghurt (Valio) or in a gel capsule.

 Apply on the skin as such or dilute with a carrier oil and spread evenly on the skin.

 Impact: Effective in dissolving spike proteins and cleaning harmful substances of vaccines.
- Rose essential oil (5%) (Rosa sp.) Take internally approx. 10 drops 1-2 times per day mixed with clean natural yoghurt (Valio) or in a gel capsule. Apply on the skin as such or dilute with carrier oil and spread evenly on the skin.

 Impact: Effective cleaner of many harmful substances contained in vaccines. Reduces feelings of tiredness, anxiety, irritation, and depression.

OTHER USEFUL PRODUCTS::

- NAC - N-acetyl-cysteine (Supersmart) Take 3 capsules per day.

Impact: Protects against the oxidative stress and supports liver.

- Chaga mushroom extract or powder (Inonotus obliquus) (FeelVivid) Use in accordance with the package label.

Impact: Holistic cleaner.

Cleaning of nano circuit implants:

- Boron (Solgar) Take 1 capsule per day.

Impact: Removes nano circuit implants from the body. Supports healthy hormonal activity, skin, hair, nails, teeth and bones. Removes excessive fluid from tissues and increases energy levels of exhausted persons. Decreases urination needs during night hours.

Cleaning of graphene oxide:

- Copper (Natura Media) Take 1 capsule per day.

Impact: Removes particles of graphene oxide from the body.

Cleaning of GM-polyps (*Hydra vulgaris*):

- Cola, sugar-free (with aspartame) (Lidl) Drink 2-3 glasses per day. Impact: Dissolves quickly and effectively GM polyps (also other polyps) from the body. Reduces aches, swelling, stuffiness and tiredness. Eases up allergic reactions, dyslexia and starts to repair osteoarthritis.
- Potassium (Natura Media or Supersmart) Take 1-2 capsules per day. Impact: Repairs imbalances caused by polyps. Reduces feelings of thirstiness, moisturizes mucous membranes, reduces urinary incontinence, and balances functioning of heart.

Destroying of GM bacteria and other bacteria:

- Treo effervescent tablets + C-vitamin effervescent tablets Pour a glass of filtered clean water and add 1 Treo effervescent tablet and 1 C-vitamin effervescent tablet. Drink 1 glass per day for a maximum duration of one week, then have a pause. Impact: Destroys GM bacteria and hence reduces tiredness, depression, swelling and allergic reactions.
- Bay Leaf extract (Laurus nobilis) (Voimalintu) Take 30 drops 2 times per day mixed with

Impact: Destroys many bacteria and hence decreases infections. Cleanses blood vessels and all tissues.

- Bay Leaf essential oil (Laurus nobilis) Apply on the skin where you feel tightness and have cramping muscles.

Impact: Effective to destroy bacteria. Quickly relieves tightness and cramps on the muscles and membranes. Opens a stuffy nose and eases up symptoms of sleep apnea.

Cleaning of nylon fiber:

- Pink Pepper (Schinus molle) (Food shops) Chew ½ tablespoon 1 - 2 times per day. Impact: Removes GM nylon fiber from the body. Enhances the natural immunity of the body and decreases feelings of dejection.

Cleaning of snake poisons and poisons from GM bacteria:

- Bioresonance water drops for cleaning poisons (Voimalintu) Take 1 drop 1 - 2 times per day mixed with a glass of distilled clean water.

Impact: Very effective cleaner of poisons. Circulation of poisons easily causes nausea.

- C-vitamin in big doses can neutralize toxins in the body.

Repairing of DNA and cleaning of cell contents:

- Astragalus extract (Supersmart) Take 20 drops 2 times per day mixed with a drink. Impact: Restores the natural repair process of DNA and repairs telomeric strands of DNA.
- Saikosaponin A (Supersmart) Take 1 capsule every third day. Impact: Cleanses cells inside.

Improving of blood circulation and unblocking of capillaries:

- Coenzyme Q10 + tocotrienols (E-vitamin) (Supersmart) Take 2 - 4 capsules 2 times per day.

Impact: Effective combination for cleaning blood vessels and strengthening heart.

- Hesperidin (Supersmart) Take 2 capsules 2 times per day.

Impact: Cleanses blood vessels and removes slime.

- Oak bark extract (Voimalintu) Take 30 drops 2 times per day mixed with a drink. Impact: Cleanses capillaries and strengthens blood vessel walls. Removes fungus from the body.
- **Ginkgo biloba extract** (Soria Natural) Take 30 drops 2 times per day mixed with a drink. Impact: Improves peripheral circulation.

Destroying of GM worms (thorny-headed worm, hookworm, whipworm):

- Rapeseed oil, cold pressed, organic (Virgino). Take 2 tablespoons 2 times per day directly in a mouth.
- Cod liver oil (Natura Media) Take 2-4 capsules 2 times per day.
- Coriander leaf tincture (Cilantro) Take 30 drops 2 times per day mixed with a drink.
- PP40 capsule (Supersmart) Take 2 3 capsules 2 times per day.
- Frankincense essential oil (Boswellia neglecta) (Aqva Oleum) Take 10 drops 2 times per day mixed with clean natural yoghurt or in a gel capsule.
- Cordyceps powder (Cordyceps sinensis) (FeelVivid) Take $\frac{1}{2}$ tablespoons 2 times per day mixed with a drink or with clean natural yoghurt.
- Anis essential oil (*Pimpinella anisum*) (Voimalintu) Take 10 drops 2 times per day mixed with clean natural voghurt or in a gel capsule.

Most of the above referred products are found in the online shop <u>www.voimalintu.fi</u>, passcode Pääskynlento.

The modern urine therapy can be made by a bioresonance therapist with a bioresonance device. Book your appointment with Marjo Urbanski at www.vello.fi/semba-oy Ask Marjo about the contact details of the other trained bioresonance therapists.

The price of the Zapper package is 285 €. Send your information requests and orders on Zapper packages by email to bioresonanssi@gmail.com Be sure to include in your order the following information: your name, delivery address, phone number and email address for receiving the invoice.